



Trip Description

The February Vacation Winter Ski & Snowboarding Adventure is a wonderful mix of skiing and snowboarding, fun evening activities and enjoying the scenic New Hampshire winter!

For five nights, we reside in the White Mountains Hostel—a renovated New England farmhouse located in Conway, NH. We collectively plan and cook meals, as well as share responsibility for other communal duties throughout the week. If your teen has any dietary concerns, please call the Adventure Trips Director at 508-428-2571 ext. 109.

We ski/snowboard at three New Hampshire mountains: Mount Cranmore, Loon, and Attitash. Our activities and evening offerings include ice skating, snow tubing, sleigh riding, games and art at the hostel, and we finish the week with dinner at a favorite local restaurant!

We are all looking forward to a fun-filled week during Camp Burgess & Hayward's Winter Ski & Snowboard Adventure!

Trip Itinerary

This schedule is tentative. Changes may be made if deemed to be in the group's best interest.

Sunday: Check-in is at 8:00 AM at the Emilson YMCA branch in Hanover, MA. Before leaving for New Hampshire, we get to know each other with some ice breakers and games. Trip Leaders then discuss YMCA policies, group expectations and the itinerary, before we head out. Soon after, we will be off to New Hampshire, stopping for lunch along the way in Portsmouth, NH. Upon arrival in North Conway, we head to the rental shop to grab our gear, hit the grocery store and then settle into the cozy hostel where part of the crew will prepare our first meal. Once everyone has been fed and the kitchen is clean, we will adventure out for our first evening activity!

Monday: We will prepare breakfast at the hostel before heading to nearby Mount Cranmore for our first day on the slopes! Some participants may take morning lessons, if they chose this option when registering. After a day full of skiing we will return to base for a siesta and dinner to rest and refuel for an evening of ice skating. Afterward, it's early to bed in anticipation of a big Tuesday trip!

Tuesday: The group will be up early to make it to Loon Mountain before the rush! We pack our breakfast for the drive and lunch will be brought in the coolers so that most of the day can be spent on the mountain! We will head back to our humble abode for some much needed rest and recovery.

Wednesday: Everyone can sleep in a bit and enjoy a hearty breakfast at the hostel! After we've had our fill, we will head to North Conway for some time to enjoy the shops, cafes and beautiful scenery in town. Soon, we will set off for an afternoon adventure! Returning to the base for dinner, we will decide on an evening activity or a restful evening with fun games and a sound slumber in the cozy hostel.

Thursday: We head for the slopes of Attitash Mountain! Afterwards we take the night off from cooking duty and have a meal out instead to celebrate our last full day together. At the end of the day, we return our rental equipment and enjoy our final evening at our cozy Conway nook.

Friday: After breakfast, we pack up our gear and drive south toward MA. Check-out is at 4:00 PM at the Emilson YMCA branch in Hanover, MA. Trip Leaders are available to discuss the events of the week with parents and guardians.

SPECIAL NOTE: There is a minimum number of participants required to make this trip possible. If for some reason this program must be cancelled, you will be notified as soon as possible. A guarantee of equal numbers of male and female participants is not possible, though we do monitor registrant ratios. If we feel that there is an extreme imbalance, we will contact you.

CLOTHING AND EQUIPMENT LIST

This list itemizes the essential clothing and equipment needed for your trip, though it is only a guide. **Due to vehicle space limitations**, you will need to choose clothing that is versatile, lightweight, quick-drying, and comfortable. All clothing should be marked with the participant's name and packed in a duffel bag or suitcase. Please remember that we are outdoors almost all day, everyday, so it is essential to bring warm clothing. Also remember to bring a water bottle, sunscreen, lip block, sunglasses, and goggles. You can still get sunburned in the winter!

- Short sleeve t-shirts (for the hostel)
- Cotton sweatshirts (for the hostel)
- Long sleeve thermal undershirts
- Warm shirts—wool or sport wicking
- Wool or fleece sweaters
- Warm, waterproof winter jacket

- Underwear
- Long underwear
- Wool or synthetic socks
- Ski/Snowboard socks

- Pants – comfortable, winter weight pants
- Waterproof snow pants for skiing/riding

- Warm boots for town time
- Warm hat
- Warm gloves / mittens
- Scarf or neck warmer
- Balaclava / face mask
- Sunglasses
- Goggles
- Sunscreen
- SPF lip balm

- Wristwatch
- 1-liter water bottle
- Toiletries: soap, shampoo, toothbrush, toothpaste
- Pajamas

- Journal and Pen – small pad or notebook to write down thoughts, experiences, addresses, etc. [optional]
- Camera
- Small daypack – to carry small misc. items (camera, water bottle, sunscreen, etc.)
- Duffel bag or suitcase for all of your clothing. Everything should fit into this one bag.
- Spending money - all of the essentials are included in the price of this trip. However, if you wish to purchase a souvenir, bring a little spending money for town time. We also provide all meals, but some who prefer to purchase their own lunch at the mountains. \$40-60 for the week should be more than enough.

Winter Sport Equipment

- If you have your own ice skates, feel free to bring them. Otherwise, we rent them for you.
- Goggles (cannot rent—required)
- Helmet (required)
- Skis, Boots, Poles
- Snowboard, Boots

Ski/snowboard equipment may be rented for an additional fee. Please call 508-428-2571 ext. 109 to register for this service.

Less is best! Having the right gear makes all the difference. Please stick to the essentials on the list.

Keep your dress clothes, electronics, aerosol cans, and cellphones at home!

Books, magazines, playing cards, and journals are great for siestas.

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