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South Shore YMCA

Camp Burgess & Hayward

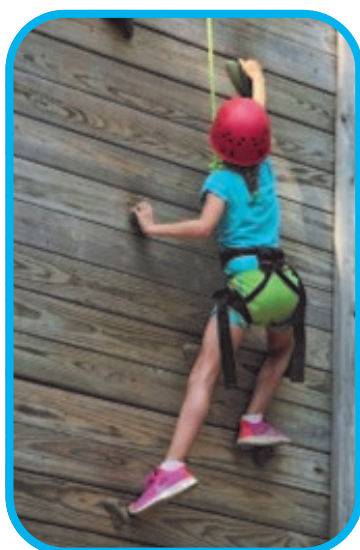
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Campburgessandhayward.com

THE CAMP BURGESS & HAYWARD FRIENDS & ALUMNI NEWSLETTER • MARCH, 2014

EXECUTIVE DIRECTOR'S GREETING

Looking out my window at the mounds of snow, it's hard to imagine that in 100 days or so, Camp will once again be filled with 450 campers and staff, eager for another summer of magic at Burgess and Hayward. But long before that happens, we will be embarking upon another season of Outdoor Education. From the middle of March until staff training begins in June, we have



groups here, utilizing our facilities and participating in our Outdoor Education programming, every day. These are largely school groups, but others, including Trout Unlimited, Pacemaker Camp, the Native American Wampanoag tribe, and Comfort Zone camps – a weekend camp for children who have lost a parent or sibling, also come to experience Camp each year. We're one of the stops for the American Lung Association's bike trek fundraiser, and by word of mouth, we've also become the choice venue for about a dozen weddings a year. So along with our ever-popular

summer programming, over the past 15 years we've also become a leading destination for outdoor education and retreats. And, as the demand for all of our pursuits grows, we will continue to develop our programming and facilities in response to the need. Last year we installed a world-class high ropes course at Burgess, and I am pleased to announce that if we meet our fundraising goals, this fall we will break ground on a new dining hall at Camp Hayward. For those of you attached to the present dining hall, do not despair - it will be repurposed as an indoor program space, and will remain an integral part of Hayward. The new hall will allow us to expand our girls' camp, which has been filled to capacity every summer for the past 20 years. This critical capital improvement will also ensure that Camp Hayward continues to be a vital part of campers' lives for generations to come. There will more information to come on how you can help us make this new dining hall a reality. Enjoy the spring! Yours in camping, Bruce Netherwood

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Feel free to share this newsletter with anyone who you think may enjoy its contents.

SUBMISSIONS, COMMENTS, IDEAS?

Email camp@ssymca.org



STAFF MAKING AN IMPACT

CAMP BURGESS & HAYWARD SUMMER STAFF CONTINUE DOING GOOD WORK IN THEIR COMMUNITIES AND AROUND THE GLOBE

SHAYNA FRUTKOFF & VICKY MUSCHINSKE

Hello! My name is Shayna, and this summer will be my 11th at camp. Currently, I am volunteering as an English tutor in Guadalajara, Spain. I am living with a host family and spend a few hours every day teaching the parents and children English. I usually help the children, who are five and eight years old, with their English homework from



Vicky and Shayna soaking up Spain!

school, and we play board games (our favorite is "Memory"). My host parents are taking an English exam in a few weeks so I have been helping them study and prepare for the test. While I am working to teach my host family English, they have been teaching me a lot about the Spanish culture. I have also learned about Spanish culture and history from traveling to different cities on the weekends. Teaching English and adjusting to a new culture has been both challenging and rewarding. I do not think I would have had the courage to be an English tutor in Spain if I had not gone to camp. Over the years, camp has made me a more confident person, taught me leadership skills, and made me realize my passions for working with children and learning about new cultures. I am also grateful because I am able to work and travel with my best friend from camp, Vicky Muschinske. She has helped to make my time in Spain even more memorable and meaningful.

For the past two months, I have been given the opportunity to live in Madrid, Spain and teach English. I was placed with a host family right outside the center of the city and a ten-minute walk from the Retiro Park, the "Central Park" of Madrid. I have had the pleasure of working with two children ages 8 and 10, teaching them basic English skills. Instead of formal written lessons, we play a lot of games both of which I have taught them and they have taught me. By living with a host family, I have really been immersed into their culture, celebrating holidays with them and adapting to their everyday lifestyle. It has been very interesting to see how different their daily routine is including the fact that they have a siesta everyday!!! Not only have I been able to learn about the Spanish culture, but this program has also given me the opportunity to travel around Spain and different parts of Europe. My best friend from camp, Shayna, is doing the program as well, so we have been travel buddies. We've gotten the chance to see Flamenco in Granada, visit the sword making city of Toledo, and explore Gaudis artwork in Barcelona. Additionally, we have been lucky enough to see a number of camp friends who are also traveling, studying abroad, or who live in Europe. This experience has helped me grow as a person and future teacher. I have learned to be more independent, more culturally aware, and how to quickly adapt to changes. This is definitely an experience I will remember for the rest of my life and carry with me on a daily basis. ~Vicky

Shayna recently joined the Friends & Alumni Council, and will return to Hayward this year, as Program Director...and Vicky will be coming back as CIT Director - we can't wait to welcome them both back to Camp!

ALUMNI MAKING AN IMPACT

CAMP BURGESS & HAYWARD ALUMNI CONTINUE DOING GOOD WORK IN THEIR COMMUNITIES AND AROUND THE GLOBE

AN INTERVIEW WITH ANDY LUTON

CBH: Andy, you have a long and storied history at Camp, as an influential leader. Which role at Camp do you think suited you best, and why?

AL: It would have to be either that of Unit leader or Outdoor education instructor. In both roles I was able to work as part of a small team that had an impact of a wide range of campers, students and other service users at the Y.

CBH: What kind of work are you doing now, and in what way, if any, did your experiences at Camp impact your decision – or usher you down the path – to do the work you're doing now?

AL: I am currently working for a charity that is looking to foster a more cohesive society in the UK. As a program manager at *The Challenge* I undertake a similar role to that of a unit leader on a much larger scale, mirroring any camp leader's experience of working in a fast-paced and challenging environment. I can honestly say I would not be working in a brilliant role for a not-for-profit now if I had not spent many summers at Burgess.

CBH: How would you say, as a Camp Burgess & Hayward Alumni, you are making a significant impact on the world?

AL: I would say the world is a huge place and I hope to have an impact on one small section of it. I know of numerous alumni who are now in London and meeting with them on a semi regular basis helps to remind each other of the overwhelmingly positive impact that we had at Burgess and Hayward and how we can continue doing this in the UK.

CBH: Would you say it is characteristic of CBH alumni to "do good work"...to continue on as champions of humanitarian efforts and greater social change, after leaving Camp for other endeavors?

AL: Absolutely, looking at the fundraising events that are being undertaken by a number of alumni it is clear that the individuals who I worked with have taken their passion for helping others beyond the gates Burgess & Hayward!



CBH: Are there any words of wisdom you'd care to share with current campers or staff?

AL: Enjoy the time that you have at camp, live for the moment and never forget the impact that you can have on one another.

CBH: What is your fondest Camp memory?

AL: There are too many to define just one, working with amazing people from across the US, Tasmania and Shrewsbury. Waking up each and every morning and loving the 'job' is such a fortunate situation to be in and one that I will remember for many years.

WE WANT TO HEAR FROM YOU!

Email your Alumni news, updates and favorite Camp stories to campalumni@ssymca.org

ALUMNI MAKING AN IMPACT

CAMP BURGESS & HAYWARD ALUMNI CONTINUE DOING GOOD
WORK IN THEIR COMMUNITIES AND AROUND THE GLOBE

SIMON CAUSTON

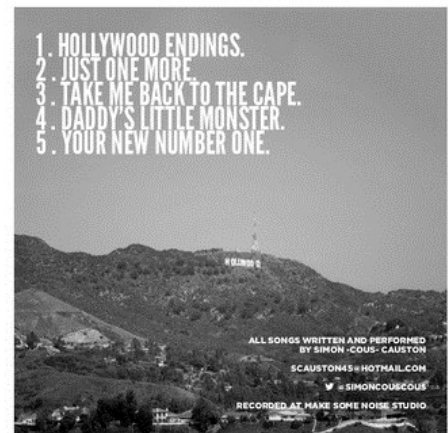
Check out the
[alumni blog!](#)

After my three summers at camp, as a counselor in 2009/2010 and as Music Director and OE Guru in 2012, I decided I wanted to keep making a similar impact back at home in the UK when I returned. My experience of working with varied groups during the fall season in 2012 as an OE Guru secured an internship with a major American study abroad program in London In January 2013 and I am happy to report I have just received my first promotion as a full time employee since starting permanently 18 months ago. I have utilized all the experiences I gained from working in my varied jobs at camp to help impact lives of American students now living in London and I love it.



When I am not working, I am also a part-time musician playing shows across London and Southern England. The song I wrote about camp was the main stepping stone to do this and the feedback I gained from campers and staff alike gave the confidence to take the plunge. For the second year running, I will be joining a group of ex camp staff members in honoring Bobby Hetherington's life with a huge physical challenge in May of 2015 which you can see more about [here!](#)

Download the song
Simon (pictured center
above) wrote
about Camp on his
album,
"Back to Basics,"
[here!](#)



THE MOST EXCITING TIME OF YEAR (HONESTLY)

**BY MIKE THOMPSON,
OUTDOOR EDUCATION DIRECTOR**

Although it is still technically winter here at Camp, things are certainly not dormant. Besides spending hours shoveling snow to prevent the cabins from transforming into seasonal igloos, we've been hard at work getting ready for the upcoming Outdoor Education Season this spring. We are done with the hiring process that will bring in a bright, energetic new staff to Camp – all of whom are passionate about sharing their knowledge of the outdoors.

The Outdoor Ed staff at Camp are officially called Gurus. It is an appropriate title because, aside from providing outdoor education programming to over 1,500 children from school systems across the South Shore, the Gurus truly are the backbone of Camp's operations. They are responsible for running our ropes courses, hosting retreats and weddings, facilitating each of our Family Camp weekends, volunteering at the local food shelter, working on numerous Camp improvement projects, from clearing paths and downed trees to building new pavilions and program areas, and getting Camp ready to run in the spring - then breaking everything back down for storage in the fall.

The Gurus of 2015 will be arriving this month to bring a burst of spring energy back to Camp... time to get excited!

STRENGTH IN NUMBERS THE BURGESS CIT PROGRAM

by Asa Gallagher, Camp Burgess Director

CIT's have always played a vital role in the summer camp program here at Burgess and Hayward. To become a Counselor - In - Training in the first place is considered quite an honor at our camp, as it is with most summer camps. CIT's are 16 years old and are some of the most dedicated members of our community, having attended camp for many years with hopes of becoming part of the full time staff in the future. For one month during the summer, CIT's live together in cabins or tents, partake in a week of relevant training, and then are fully integrated into the camper cabins and daily activities in order to learn and assist wherever they can. From a Camp Director's perspective, a group of CIT's on site is always reason to rejoice. They have superb attitudes. They work hard. And they are eager to succeed. Camp Burgess is very fortunate this summer to have the largest group of CIT's in its long history, forty to be exact. Our total has doubled since 2012. Having known each one for some time, I have seen how talented and dynamic these young men are. They come from the US and abroad. They are athletes, artists, musicians, dancers, intellectuals. And most of all they are passionate about working with kids. With a group of this size and ability, the future of Burgess is looking as strong as ever.



STAFF SPOTLIGHT KERRI SADOFF

OUTDOOR EDUCATION COORDINATOR



I'm Kerri, 24, from Falmouth, Massachusetts. I come from a loving family made of my parents, Barry and Debbie, and my older sister, Kelsey. Some of my favorite and enduring hobbies include riding my bike, playing my guitar, writing letters, cooking and baking, and swimming. I'm resolved to strengthen my yoga practice, running regimen, surfing, and reading list in 2015. I received my B.A. in Social Thought and Political Economy from UMass Amherst, where I fell in love with farms and bike rides through rolling hills as much as I cemented my fondness for the vastness of the sea that raised me. It is also where I first learned the thrill of stepping outside my comfort zone to discover who I really am and who I really want to be. I traveled abroad three times during my collegiate experience, twice to the Middle East and once to Ghana, for a six month study abroad/personal journey. It was an unforgettable experience for me that strengthened my character and inspired me to invest my time forevermore seeking authentic, growth-conscious environments. This pursuit led me to back to Cape Cod, where I have served as both an Adventure Trip Leader (class of 2012) and an Outdoor Education Guru (2012 and 2014) at Camp Burgess and Hayward. Compelled to explore our great country and invest more deeply in the land I love, I traveled to Arizona in 2013 where I led conservation crews primarily in the Grand Canyon. Leading others in the wild for nine days of tenting, campfire-cooking, and rugged manual labor was one of the most intense and beautiful experiences of my life. In the summer of 2014 I was given a special opportunity to connect inner-city youth with the great outdoors as a Mentor for the Nature Conservancy's Leaders in Environmental Action for the Future (LEAF) program in Virginia. In all of my wanderings, however, no place compares to the supportive, innovative, and truly influential experience of being at Camp. It is the greatest professional family I have yet to find in this life, and I am so happy to be a part of the team full-time.

We are so happy to welcome Kerri back to Camp as a member of the full-time staff! Learn more about Kerri, [here](#).

Over the last several years, Burgess Farm has been the site of many exciting new programs and activities. But we recently decided that it's not fair that Burgess has all the farming fun, so we're introducing a new initiative at Hayward...

YOU GROW GIRL

April 24-26, 2015

The schedule for the first You Grow Girl weekend, taking place at the end of April, includes a blend of learning, service, and fun: participants will build leadership, communication, and healthy living skills; they will help install a new raised-bed garden at Camp Hayward; and they will connect with peers and adult female role models, all in the safe and nurturing Camp environment. This weekend has limited capacity and is open to applicants ages 12-15.



Learn more about YGG [here!](#)

APRIL VACATION CAMP

April 19-24, 2015 — \$495 Missing camp? Bored during vacation? Join us at Camp Burgess and Hayward during your school break for a week of fun, laughter and friendship. Participate in traditional camp activities, such as the climbing tower, waterfront fun, sports, arts and crafts, media, evening all-camps, and a whole lot of camp spirit. We will also embark on off-site trips to some fantastic Cape Cod locations! [Learn more here!](#)



NORTHERN IRELAND

This summer, embark on the experience of a lifetime and travel with us to Northern Ireland, where we will invest over two weeks developing leadership skills and exploring the country's lively cities and beautiful landscape. The group will collectively develop and facilitate day programs at Northern Irish Youth Centres and run a music concert at a music, dance and film residential camp called Camp Rock. [Learn more here!](#)



TEEN SERVICE WEEKEND & VOLUNTEER DAY

May 8-10, 2015

This weekend is an excellent blend of amusement and community-building. On Saturday, May 9, the teen service weekend attendees join other friends and families of camp for our annual Volunteer Day. Service opportunities throughout the weekend are varied and may include planting, raking, weeding, clearing and restoring forest trails, mulching, sign-making, painting, and tidying the cabins for the summer.



Along with the sprucing up of camp, we have a space that always needs some tender loving care—our farm, where there are many ways to contribute to the development of this gorgeous plot of land. When we're not occupied with beautifying camp, we'll be able to swim, boat, toast a marshmallow or two, and just have a blast! We have a fun-filled schedule of activities led by our experienced and dynamic staff. [Learn more here!](#)

You are cordially invited to...



Camp Burgess & Hayward's
3rd Annual "First Dip"

All proceeds to benefit the Campership Fund
There's no better reason to be freezin'!

Saturday, May 9th, at 1 pm - Cookout to follow!

See the event details and support opportunities [here!](#)

SAVE THE DATE

2015 REUNION

SATURDAY, JULY 25, 2015

@ CAMP HAYWARD

FEATURING

**BURGESS & HAYWARD TOURS ▪
PHOTO BOOTH ▪ WHIFFLE BALL ▪
ZIP LINE ▪ OPEN WATERFRONT ▪
MASTER PLAN PRESENTATION ▪
COOKOUT ▪ VIDEO MONTAGE ▪
AND, MUCH, MUCH MORE!**

REGISTRATION OPENS IN APRIL!

**UPCOMING
EVENTS**

Open Houses:
March 29, April 12,
May 17, 1 - 4 pm

**Co-ed April Vacation
Camp: April 19 - 24**

**Annual "First Dip":
May 9**

**Teen Service
Weekend: May 8-10**

**Volunteer Day: May
9**

**Family Camp: May
23-25**

**Summer Camp &
Teen Adventure
Trips: June 28 -
August 21**

**Friends & Alumni
Reunions: July 25**



JOIN US FOR OUR ALUMNI SPIN-A-THON!

We'll be hosting a private spin class at The Handle Bar, a boutique fitness studio in Fenway, and hope that you will gather your favorite summertime pals for an afternoon of sweating and socializing!

sweat
INSPIRE
transform
**RAISE
THE
BAR**

The class will take place Sunday, March 29th at 1:15PM. Tickets can be purchased on Eventbrite, [here!](#)

All proceeds from the event go toward equipping our 2015 Campership recipients with the

supplies they will need to have a positive Camp experience!

ON THE LOOKOUT FOR LOST ALUMNI!

We are working hard to locate and reconnect with our "lost" alumni! If you are in contact with alumni from your generation, please direct them [here](#), to register with the BH Alumni Association!

CHECK OUT WHAT'S HAPPENING AT ALL OF THE SOUTH SHORE YMCA LOCATIONS, [HERE!](#)

**GET IN ON THE
CAMP CONVERSATION ...**



CAMP'S WISH LIST

Believe it or not, there are various household and recreational items we can use around Camp to support our programming...



As a charitable and sustainable organization, we do everything we can to reuse, re-purpose and recycle supplies, as we strive to leave a lighter footprint on our Camp, in our community, and in the world.

Perhaps we can put some of your unwanted, lightly-used items to good use!

Before you throw anything out during your Spring cleaning this year, please view our wish list, and consider donating your items to Camp...

Check out Camp's wish list, [here!](#)