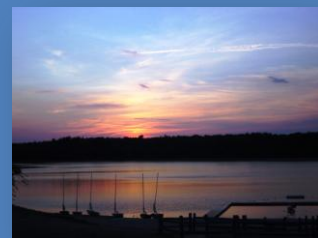


The Spectacle



Winter/Spring 2013

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The Friends of Camp Burgess & Hayward Council honors the passion and dedication of current and former campers, staff, CIT's, neighbors, friends, and community members who have chosen to stay involved with Camp over the years; we aspire to help them continue to grow from and deliver Camp Burgess & Hayward's vision.

Welcome from the Friends of Camp Burgess & Hayward Council

The Friends of Camp Burgess & Hayward Council is comprised of current and former staff, former campers, parents of campers, community members and board members.

We have made it our mission to honor the passion and dedication that Camp Burgess & Hayward ignites in its campers, as it shapes them in every conceivable way – during their time at Camp, and on into adulthood.

The Camp experience is irreplaceable, giving its campers the courage of their convictions, by recognizing that every child is of promise. At Camp, we are inspired by the fact that every child has the potential to effect change in the world.

Steeped in rich tradition, Camp Burgess & Hayward is in a position of true strength, as it continues to build depth of character, instill compassion and impart leadership skills in its program participants.

You – campers, staff, alumni and friends – have all been instrumental in this success. There is much to celebrate, and so much to look forward to! We thank you for your continued support and engagement!

- Meghan Hill, Director of Business Operations and Alumni Relations

Join us for our 1st Annual "First Dip" Polar Bear Plunge!

*Prizes for
participants
who raise
over \$200!*



*Campfire
&
Cookout
To follow!*

**Sunday, April 14th, 2 pm
Camp Burgess Waterfront**

All proceeds will benefit the Campership Fund, which provides assistance to children, who would otherwise be unable to experience Camp.

[See the details and Pledge Form here](#)



"Camp Hayward has completely won our daughters' hearts. Spending time outdoors, staying active and meeting lots of fellow campers keep them coming back each year."



"I could use all the words in the world and you still wouldn't entirely know what camp has meant to me. Camp is a place where everyone belongs no matter who you are. Camp is one of the few things in the world that is simply good in itself. This will be my eighth year at camp and my first year as a member of staff. When I first came to camp when I was nine years old, I had no idea how much it would change me so many years later at 17. I will never be able to say with words what camp is and what it has meant to me. But the best way to describe it is that, quite simply, camp is, and always will be, home."

- Tim McDonough

A Mother's Perspective

By Colleen Griffin

Five summers ago, my husband and I dropped off our three daughters, ages 8, 9 and 11 at Camp Hayward for the first time. Once we met their counselors, we made the girls' beds and helped them unpack. I pretended to be relaxed. Their warm hugs and quiet smiles preceded their nudges that signaled it was our turn to go. We hesitated a while longer then headed to the car. I craned my neck as far as I could to catch a last glimpse over my shoulder.

Twenty-four hours later, the welcome and pre-planned phone call delivered news about the girls' activities, budding friendships and pain-free adjustments.

We seemed to have natural born campers. They loved the excitement of overnight camp, making new friends and celebrating summer days on Cape Cod. If I harbored any doubts, the arrival of the mail extinguished them. Large letters in neat capitals spelled out "CAMP HAYWARD ROCKS!" on the back of a pink envelope. I smiled at the familiar handwriting with a new sense of parental confidence. The decision to send them to camp was the right one.

Camp Hayward has completely won our daughters' hearts. Spending time outdoors, staying active and meeting lots of fellow campers keep them coming back each year. Our girls stay in touch with their camp world of friends through texts, emails and sometimes, postcards. At our house, there is even an occasional tug-of-war over whose camp attire is whose. The sweatpants and sweatshirts offer warm reminders of their favorite home away from home. Each January, someone anxiously reminds me that it's time to register before camp fills up. This year, I beat them to it.

I can still remember saying goodbye that first summer. Five years later, we still greet their counselors and offer the girls help making their beds. I no longer need to pretend to feel relaxed. I still search the mail for the occasional pink, purple or yellow envelope filled with their latest camp news. Free from iPhones, texting and television, our girls celebrate Camp Hayward, their favorite part of summer.

Colleen Griffin is a member of the Camp Burgess & Hayward Board of Directors and also sits on the Friends of Camp Burgess & Hayward Council.

Your Official Invite to the Taste of the South Shore!

Hello friends and alumni! Big news: **Dave Keefe**, who attended camp as a child, is being honored this year at the South Shore Y's Taste of the South Shore event coming up on March 28th. We would like to invite all to come to this wonderful event and share in the celebration.

A bit about the event: Over 500 business leaders and friends of the Y come together to honor a Y leader. Area restaurants provide fantastic food for all to taste and this year we have added wine and beer tasting as well. A great night - honor a former camper, eat great food, sample great drinks and help support the cause - our Send a Kid to Camp Appeal. Can't make it? Please consider joining us in donating toward the Send a Kid to Camp Appeal in Dave's honor.

[Learn more here!](#)

"Take Note" Alumni News

Susan Bonney Doyle sends this news, "I'm living in Greenwich, CT with husband Sean and new baby Conor Allard Doyle, born 9/14/12. Excited to be a family of 3! Working for 11th year as teacher and administrator at Greenwich Academy, an all-girls independent school in Greenwich. Sometimes it feels a bit like camp, which is great. I know that the confidence I bring to my job comes from my camper and staff experiences, and I suspect the other alumni who now work in education would say the same. Looking forward to more info on the reunion!"



*Conor Allard Doyle, son of
Susan Bonney Doyle*

Kenny **Allan** writes, "I was at camp for 6 years and I was a camper and a JC. I live in Kingston, MA. I am en route to getting engaged and marrying the love of my life, I have a full-time position at Amtrak and I can't wait for the reunion!"



Former Hayward Director, **Rachel Grostern**, reports, "Jonah is 9 1/2 months old and was born on Cinco De Mayo. He enjoys swimming, music and putting things into his mouth. I'm working at Lower Canada College as a school counselor for students in k-12, and doing my post graduate training to become a couple and family therapist. Carl is working on his French language skills and is currently on parental leave from the YMCAS of Quebec. We're living in Montreal, Canada."

Euan Oswald first came to camp in 2008. "I knew I had found a special place. A place where likeminded people could come together and create memories that last a lifetime. A place where people could be themselves. A place where dreams could come true. It's a place where I wanted to return again and again and I was fortunate to be able to do just that. I spent 4 amazing summers working at camp as well as an Outdoor Education season and during that season I met my beautiful wife, Korina. For me camp will always have a special place in my heart as it really did make my dreams come true."

"Euan and I are currently living the simple life in a small town in northern Arizona," reports **Korina Magni**. "I am working as an Activities Director at a small resort and Euan is in the process of getting his green card. Camp is a place I will always cherish not only because I met my husband there but because of the creativity and personal growth that camp fosters for all people."



Mark your calendar!
**Alumni Reunion & Friends
Event ~ July 20th**

We want to hear from you!
**Email your Alumni Updates
and favorite Camp stories to:**
campalumni@ssymca.org

**Are you interested in being a
CLASS CORRESPONDENT?**
**Would you like to help organize
regional ALUMNI GATHERINGS?**
Email us at campalumni@ssymca.org

Visit our [Friends & Alumni](#) web page to keep up-to-date on the latest news!



See you at
the July
20th
reunion!

"Camp has shaped me into the person I am today. Camp taught me how to believe in myself. It is through camp that I formed long lasting relationships with others- including meeting my husband!"

- Rachel Grostern,

Former Camp Hayward Director

Since 1998, when I first came upon Camp Burgess as a 19 year old Cabin Counselor, I have seen this great organization and the property that it sits on, grow and change in many positive ways. The changing cultures that exist outside of camp make their way in with each camper and staff member we see at Camp Burgess. Combine that with the many talented Directors and year-round staff that have come through here over the years, and you have a place that is incredibly dynamic and unique. You also have a place that is deeply rooted in its traditions. Several of the activities, facilities and traditions that existed here at the start of Camp Burgess in 1928, are still going strong today. This is one thing I love about this place. It changes and it stays the same. When campers arrive here on check-in day of their session, they can feel that camp is a special place in this way. On their walk to the cabins they pass our beautiful new dining hall that sits on a grassy hill, and then they make their way down a wide path that leads them to our climbing tower, and past the camp's original office building that looks over Triangle Pond. They arrive at their first flagpole ceremony, ready to belt out a cabin song when their name is called. They walk into dinner with some Bruno Mars playing in the background and proceed to pig out on a huge spaghetti dinner. We end the first night with a gathering of all the boys in the amphitheater, looking out onto Spectacle Pond, with a fire blazing into the night sky. The pond has been there for 18,000 years, Camp Burgess for 85 years, and these campers for just a few hours.

They are the stewards of this great place, continuing to bolster its enduring legacy. Over the next two weeks they will find themselves doing things they had never imagined, and learning wonderful things about themselves along the way. Everything at camp Burgess is done with a unique philosophy in mind. We want to make our campers remember their time here with an unmatched fondness. We don't just hike into the woods, we go on epic camouflaged adventures. We don't just sit in our art room making things from paper and crayons, we go out and build forts and shelters that even world class environmental artists would envy. And we don't just climb the tower, we scream and shout as cabin mates to push each other further up that wall. It is the most creative teaching and learning space I have ever come across. We want our campers to know what it is like to be able to fully express themselves, to act natural, and to push the limits of what they thought was possible. I feel lucky to have been a part of this camp for so long. All the staff and campers I have known over the years have become a piece of the camps great history, and I look forward to meeting many more in the future.

- Asa Gallagher, Camp Burgess Director



Blast from the Past, Circa 1985

Hayward Ready for Summer!

We are shaping up to have another great summer on the girls' side. For the first time Hayward will have two assistant directors: Allie Singer and Laura Kerr. A Natick native, Allie is starting her 11th summer at camp. Laura is from Edinburgh, Scotland and started as a counselor 4 years ago. Both are extremely excited to give back to a place that has made a huge impact on their lives.

On the counselor side, there is a large number of staff returning from the US and UK. Many former campers have grown up to be the next generation of counselors, some even going into their 13th summer at camp! We also have the largest Junior Counselor group in recent history: 16 teens will be learning the ropes by acting as counselors or floating between cabins.

We look forward to the same traditions all Hayward girls remember and the emerging ideas that have developed in the past few years; you can still hear the classic songs in the dining hall as well as some Taylor Swift tunes!

-Jessie Williams, Camp Hayward Director

Out and About on Camp...

What's Happening Year-Round

The Farm at Camp Burgess is an exciting operation that's been forging connections with all aspects of Camp programming. Established in 2010, the organic farm includes about 5000 square feet under cultivation, an 800-square-foot heated greenhouse, and an array of raised beds. It's also home to a flock of laying hens, five dwarf goats, and a rabbit. Students, campers, and community volunteers all help keep the farm running by lending a hand with weeding, seeding, and watering in addition to animal care and veggie harvests. These activities bring visitors up close and personal with their food, educating them about local and sustainable food systems, food security in our community, and the role farms and farmers play in today's world.

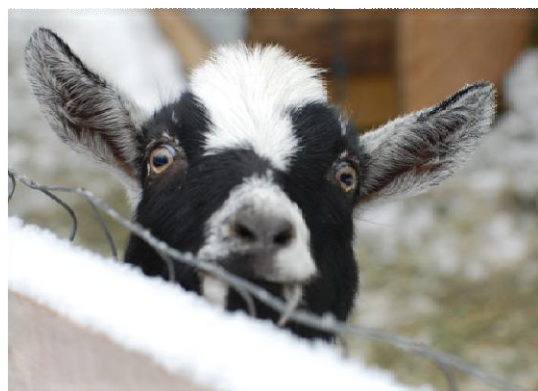
Produce from Burgess Farm gets divided three ways. One third stays right here at camp, showing up on the salad bar and in other dishes in the dining hall. One third goes to the Sandwich farmers' market, where locals love having access to food grown just miles away. And one third goes to nearby food pantries to help address hunger in our community.

Although it swarms with activity during the warmer months of the year when summer campers and outdoor education participants are in residence, Burgess Farm provides year-round opportunities for learning and growth. For example, right now, a group of high school students from the Cape Cod Collaborative is working to build two cold frames to help extend our growing season, and they've got plans to build two solar dehydrators so that we can make our own sun-dried snacks.

- Tara Laidlaw, Burgess Farm Director



The greenhouse provides for growing seasons year-round



What happens when Camp is not in session?

Well, actually...people are visiting Camp Burgess & Hayward all year-round! Our facility is used in many different capacities ranging from weddings, retreats, college orientation trips, high school orientation trips, church groups, boy scouts, youth programs, women's wellness retreats, family camp and more!

The **Groups Retreat Program** aims to provide a natural setting in which people can come together to discuss ideas, build relationships, try new things, and "get away". The facilities, location, services, and friendly staff make it an excellent place for growth and inspiration!

We host over 10,000 user days in the non-summer months alone. Guests are encouraged to get out and explore our 300 acres, or enjoy a paddle on Spectacle Pond, or relax by the fire in the lodge. When camp ends, the fun keeps on keepin' on!

- Leia Crosby, Outdoor Education Director



Out and About on Camp...

Outdoor Education @ Camp Burgess & Hayward

What else happens when camp is not in session?

Throughout the year, over 1,000 fourth and fifth grade students from the surrounding area visit Camp Burgess & Hayward for our Outdoor Education program. They come to explore our property, learn about the natural environment, challenge themselves on the climbing tower, work together with their classmates on the low ropes course, and enjoy their time together in the outdoors.

How long do they stay?

The typical Outdoor Education program is 3 days and 2 nights.

What do they do?

- ✓ Take the Pontoon Boat out on Spectacle Pond and learn about the Pond Ecology.
- ✓ Walk through the woods and learn about the forest habitat.
- ✓ Learn about Predator/Prey relationships and the Food Chain through a fun, interactive game.
- ✓ Play games that build relationships and challenge the group to work as a team
- ✓ Climb the Rock Wall
- ✓ Take a walk in the woods at night and learn about nocturnal animals
- ✓ Complete a TOP SECRET mission!

What is an example of a game they play?

A popular game we play is called *Bunnies and Wolves*. The game is played in a group of 10-20 people in an area the size of a basketball court. The game starts with 2 or 3 wolves that each get a ball. Everyone else starts as a bunny. The object of the game is for the wolves to tag all of the bunnies using the ball. However, when they have a ball, they can't move – they can only pivot on one foot. When a bunny gets tagged it turns into a wolf.



As the game progresses, more and more bunnies turn into wolves, and the bunnies have to learn how to stick together and outwit the wolves.

This game develops teamwork, cooperation, strategic thinking, and verbal communication. The students practice skills such as agility, pivoting, spatial awareness, throwing, and catching.

Who leads these games?

All of our programming (in the non-summer months) is led by our *Outdoor Education Gurus*!

Our Gurus come from all over the country with a wide variety of experience. They are fun-loving, versatile, engaging, friendly, creative, and fun people! They love working and playing in the outdoors and sharing the Camp experience with all of our visitors!

The Outdoor Education Program at Camp Burgess & Hayward aims to introduce students to the outdoors in a way that sparks a curiosity for the natural world and develops the student's ability, comfort and confidence in the outdoors. Through guided classes and teambuilding challenges, students have the opportunity to challenge themselves, build relationships, work together with their classmates, and enjoy their time together in the outdoors.

- Leia Crosby, Outdoor Education Director



Out and About on Camp...

Teen Adventure, Service Learning & Leadership



During the summer, we run Adventure Trips around North America, Community Service Projects, Overnight Camps and Leadership Development Programs. Throughout the rest of the year, we offer weekend and weeklong adventure trips and retreats. Teenagers have the opportunity to challenge themselves with new activities, make new friends, gain independence, and learn valuable life skills.



"With spring upon us, things are really starting to heat up at Camp! Planning for an amazing summer filled with adventure, exploration and fun is well underway, and I am extremely excited for my first summer at Camp as the Adventure Trips and Teen Director! In addition to gearing up for our Adventure Trips, we have expanded our Service Learning and Leadership Programs and are ecstatic to introduce the recent formation of...

The Burgess & Hayward Road Crew!

This Crew was formed as a way for our Campers to help out the community throughout the year by aiding in various off-Camp volunteer initiatives; Campers also earn service hours for all of their hard work!

We have been successful so far and are looking forward to gaining a larger base of volunteers and continuing to explore creative ways to help out locally.

Check out photos from the Road Crew's first endeavor, with the Cape Cod Housing Assistance Corporation [here](#).

For more information and to become a member of the Burgess & Hayward Road Crew, contact Asa Gallagher at asa@ssymca.org.

If you or someone you know is interested in volunteering at Camp, we are constantly in need of extra hands to help out both indoors and out, and we would love to get to know you!

Also, if you have any community volunteer suggestions, please feel free to send them my way by emailing me at jen@ssymca.org or calling 508-428-2571 ext. 109. As we continue to develop our volunteer programs here at Camp, I would love input from the families who have helped us to grow so much already. I look forward to meeting you all in the near future!"

-Jen Wejsa, Adventure Trips and Teen Director

Why Camp?

by Bruce Netherwood

Being a parent is a little like holding on to the string of a kite. We know that with each year we need to loosen our grip, and let a bit more of that twine slip through our fingers, but every day it seems there's a different news story that causes us to pause and begin reeling those precious kites back within our zone of safety. Parenting has always had its challenges, but in today's world of instantaneous social media updates, technology overload, and rapidly diminishing face-to-face interactions, being an engaged parent striving to raise trusting, independent children, has proven an increasingly difficult task.

This is why now, more than ever, Camps – those mythical havens where kids acquire new skills, play sports, swim, take nature hikes and gather around campfires – matter. And, why Camps play a critical role in shaping our youth, and impacting our society.



First and foremost Camps provide a place where kids can feel safe. Now that may seem like an obvious consideration, certainly one at the top of every parent's list, but feeling physically safe is only part of the equation. Any camp worth considering is one that takes seriously the importance of emotional well-being as well as physical safety.

When children are immersed in an emotionally safe environment, they begin to develop a sense of trust in others, and also in themselves. And with that comes perhaps the most important ingredient that Camps foster in a young person – independence. At Camp children learn that not only can they survive without their parents, but that they can thrive.

Along with determining the readiness of our child, often the bigger question we need to ask when pondering Camp as a summer option is, how ready we are to let them go. And here, one of the facets to consider is your comfort level around cell phones, or more specifically the lack of them on Camps. In an era when we've become accustomed to being able to reach our kids at any time we choose, resident and even most day Camps do not allow campers to carry cell phones with them. This is sometimes a deal breaker for parents, but in considering the reasons why they would be opting to send their child to Camp in the first place, the idea of being "disconnected" and "unplugged" for a time, swiftly becomes a refreshing notion.

We live in a time where children spend an average of seven hours a day looking at various computer and television screens (ten if they're multi-tasking), and only three minutes a day conversing with their parents. Kids today learn to deal with issues via texts and e-mails, and as I speak with parents around the country the one constant refrain heard above all others is a concern about this lack of personal interactions - a fear that we're raising a generation of individuals whose technical skills continue to increase in direct correlation with diminishing social skills. And, at the end of the day, that's ultimately the greatest gift that Camps have to offer – an opportunity for genuine face-to-face socialization with both peers and positive young-adult role models, which in turn, creates an authentic sense of connectedness with others. Furthermore, Camp provides the perfect opportunity to work, play and problem-solve with a group. In essence, Camp empowers children by allowing them to be an integral part of something bigger – *a community*. In a time of disappearing neighborhoods, growing internet fears and general mistrust, more than ever it requires a village to help raise a child. And, good Camps are an integral, if not essential, part of this critical effort.

A camping professional since 1988, Bruce Netherwood is Vice President of Camping Services and Outdoor education for the South Shore YMCA. He also serves as a Camp consultant and training specialist, and is the father of three Camp age daughters.



Spectacle Pond, 1950's

Upcoming Events

Co-ed April Vacation Camp ~ April 14-19

Join us at Camp for an amazing week of good times in the Springtime sun. Camp Burgess and Hayward will be open to our campers and their friends, ages 9 – 16, to come back and reunite with each other on the Cape

Open Houses ~ March 24, April 21, May 12

Tours start at Camp Burgess, 1 – 4. No registration necessary ~ just turn up!

“First Dip” ~ April 14

First annual polar bear plunge to raise money for the Campership Fund!

Women’s Wellness Retreat ~ May 3 - 5

A perfectly-tailored weekend retreat, focusing on the whole woman – spirit, mind and body.

Teen Service Weekend ~ May 10 - 12

Spend two days at Camp full of friendship and fellowship, helping us prepare for the summer season!

Volunteer Day ~ May 11

Join us for a rewarding day of camaraderie, as we paint, landscape and rake, to prepare for the summer season! Lunch provided.

Family Camp ~ May 25 - 27 & August 31 - September 2

Come spend your family vacation with us, and enjoy all that Camp has to offer.

Alumni Reunion & Friends Event ~ July 20

Former campers, staff, friends and community members unite at Camp. Details to come!

Visit us at www.campburgessandhayward.com , also on [Facebook](#) and [Twitter!](#)



**For volunteer opportunities and to donate to our Campership Fund,
please call Camp at 508-428-2571**